

On-line Semi-Simulated RC Facilitation Practice

Notes for Hosts

guidelines for hosting a Semi-Simulated Restorative Circle (SSRC) practice group in an on-line environment

Host duties

1. review announcements
2. facilitate assignment of people to initiator and RC facilitator roles
3. facilitate check-in, check-out, and feedback rounds
4. step back from content, step up to structure in feedback rounds
 - ◆ field questions
 - ◆ follow up on what's been said
 - ◆ bring up points others may have missed
5. track time

Five key roles: Author, Receiver, Community Member, RC Facilitator, Host.

- A group of four experienced people can have a self-hosted SSRC.
- When fewer than five are present at ten minutes past the hour, the check-in can include what else we'd like to do with our time together, e.g. practice interrupting, multi-headed precircle, celebrations and challenges, etc.
- When there are more participants than roles, we assume additional community members were invited by someone other than the initiator.
- When there are more roles than participants, we assume that some of those who were invited to the circle declined to participate.
- When there are more than eight participants, the host divides them into two groups and the co-host opens a second meeting space.

Check-in when the fifth person joins or at ten minutes past the hour, whichever comes first. Practice self-facilitated popcorn: *"Speak your name into the circle to check if the floor is clear when you're ready to speak. If more than one speaks at the same time, I'll call on the one I hear first or can hear best."*

1. name
2. where located (map, physical context)
3. training/experience
 - ◆ with Dominic Barter or another RC global network leader
 - ◆ in living RC systems
 - ◆ in related systems or practices (mediation, playback theater)
OR (if none of the above)
 - ◆ what brings you to this session.

Shared Agreements

The Shared Agreements are reviewed at each practice session, *even when there are no newcomers*, in order to support *shared understanding and contribute to the creation of a strong, safe container within which to address real conflict.*

Three-fold Purpose:

1. facilitator practice
2. development of a trans-partial stance (deep empathy or channeling for all members of the community of the conflict)
3. practice in giving and receiving feedback as vital information

Transformation and healing happen more often than not for the initiator and often vicariously for other participants; while we gratefully acknowledge this, *IT IS NOT OUR PURPOSE TO SEEK IT.*

Privacy: In order to support intimate sharing, the content of the precircles and the RC itself is confidential. Yet we acknowledge that people are often "left hanging" at the end of our time together. So